CENTRAL FOUNDATION BOYS' SCHOOL

CFBS CO-CURRICULAR TIMETABLE: 2026/27

Time	Club	Year Group	Location	Staff
Monday				
7:50 – 8:40	Badminton	Year 7-11	Sports Hall	Mr Spain
7:50 – 8:40	Fitness	Year 7	Fitness Suite	Mr Richards
7:50 – 8:40	Running Club	Year 7-13	Shoreditch Park	Mr Smith
7:50-9:20	Fitness: Performance	Invitation Only	Fitness Suite	Sports Dept
8:00-8:45	History of Ideas	Year 9	MH13	Ms Haire
1:00-1:45	Basketball	Year 7-9	Sports Hall	Mr Burnett
3:20-4:45	Table Tennis	Year 7-11	Heritage Gym	External Coach
3:20-4:45	Basketball	Year 7-9	Sports Hall	Mr Burnett
3:20-4:45	Year 7 Football	Year 7	Astro	Sports Dept/ Mr Boothe
3:20-4:30	Cooking Club	Year 7 -11	Food Tech Department	Ms Green/ Ms Scaffardi
3:20-4:20	Axiom Maths	Year 8	MH08	Ms Tomkins
Tuesday				
7:50 -8:40	Table Tennis	Year 7-11	Heritage Gym	Mr Barrell
7:50 – 8:40	Fitness	Year 8	Fitness Suite	Mr Lloyd
7:50 - 8:40	Football - Strength	Year 8 & 9	Fitness Suite	Sports Dept
7:50 – 9:20	Basketball Performance	Invitation only	Sports Hall	Mr Burnett
8:00-8:45	Drumming Group	Year 7-13	HC Theatre	Mr Davies
8:00-8:45	Chamber Ensemble	Orchestral Instruments, Grade 6+	HC B	Mr Sibley
3:30- 4:30	Chess Club	Year 7-13	LB02	Mr McCosh
3:30 – 4:30	Product Design	Year 11	DT Department	Ms Reid-Evans
3:30-5:00	Swimming	Year 7-11	Ironmonger Row Baths	Ms Arpino
3:30-4:30 *Week 2 Only*	Debate It!	Year 7-9	LB08	Ms Oppenheim
3:20-4:45	Table Tennis	Year 7-11	Heritage Gym	External Coach
3:20-4:45	Rugby	Year 7-8	Sports Hall	Sports Dept
3:20-4:45	Football	Year 8	Astro	Mr Spain
3:20-4:20	Acting: Film and Theatre	Year 7-11	HC Theatre	Ms May
3:20- 4:20	Beyond Biology	Year 10-13	SC01	Ms Harper
3:30-4:30	50 Things Before 15	Year 7-9	Science Dept	Ms Rayner
Wednesday				
7:50 - 8:40	Running Club	Year 7-11	Shoreditch Park	Athletics Coach
7:50 – 8:40	Basketball	Year 7-11	Sports Hall	Mr Burnett
8:00 - 8:50	Axiom Maths	Year 10	MH08	Ms Tomkins
8:00-8:45	Central Symphony Orchestra	All orchestral instruments	HC Theatre	Mr Sibley

		welcome at Grade 3 or above		
7:50-8:40	Fitness	Year 9	Fitness Suite	Ms Harper
7:50-8:40	Year 7 Football Performance	Year 7	Astro	Mr Barrell
7:50 – 8:40	Year 8 Football Performance	Year 8	Astro	Mr Smith
1:00-1:45	Basketball	Year 7-9	Sports Hall	Mr Burnett
3:30-4:30	Debate Mate	Year 7-11	LB08	Ms Oppenheim
3:30-4:30	Gaming Club – E Sports (Short Course)	Year 8 & 9	FT13	Mr Tong
3:30-4:30	Art: Painting and Drawing	Year 7-11	HC 05	Ms Linton
3:30-4:30	KS4/5 Coding Club	Year 10-13	FT 10	Mr Stevens
3:20-4:45	Dodgeball	Year 7-11	Heritage Gym	Mr Spain
3:20-4:45	Football Performance	Year 9	Astro	Mr Barrell
3:20-4:45	Cricket	Year 7-11	Sports Hall	Middlesex Coaches
3:20-4:45	Squash	Year 7-11	Finsbury Leisure	Sports Dept
3:20-4:20	Film Club	Year 7-11	LB06	Ms Ajayi
3:30-4:30	Open Library Hour	Year 7-11	LRC	Ms Foster
3:20 – 4:20	Debate Mate Plus	Year 11-13	LB11	Ms Oppenheim/ External Coaches
Thursday				
7:50 – 8:40	Basketball	Year 7-11	Sports Hall	Mr Burnett
7:50 – 8:40	Table Tennis	Year 7-11	Heritage Gym	Sports Dept
7:50 – 9:20	Fitness	Year 10	Fitness Suite	Mr Lloyd
8:00 - 8:50	Axiom Maths	Year 7	MH08	Ms Tomkins
8:00 – 8:45	History of Ideas	Year 7	MH13	Ms Haire
8:00-8:45	Year 7 Orchestra	Year 7-13	HC Theatre	Music Dept
8:00-8:45	Fret Wrx	Band Instruments, Grade 3+	HC B	Mr Ibarra
8:00-8:45	Wind Ensemble	Wind or brass instruments, Grade 3+	HC Theatre	Mr Maguire
8:00-8:45	Chamber Ensemble 2	Invitation only	HC Theatre	Mr Sibley
3:20-4:45	Fencing	Year 7-11	Heritage Gym	External Coach
3:20-4:45	Year 7 Basketball	Year 7	Sports Hall	Mr Burnett
3:20-4:45	Football	Year 10	Astro	Mr Lloyd
3:20-4:45	Fitness	Year 10-11	Fitness Suite	Sports Dept
3:20-4:45	Rowing	Year 7-11	Fitness Suite	Mr Barrell & External Coach
3:30-4:30	Axiom Maths Club	Year 9	MH08	Ms Tomkins
3:30-4:30	Art: The Design Lab	Year 7-11	HC 05	Ms Linton

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3:30-4:30	Jazz Band	Band or Jazz Instrument, Grade 6+	HC B	Mr Ellenberger
3:30-4:30	Composition/ Music Tech Club	Year 7-13	HC03	Mr McDonnell
3:30-4:30	History Club	Year 7-11	FT08	Mr Baker
3:30-4:30	Dungeons and Dragons Club	Year 7-13	MH13	Mr Gricia
3:30-4:30	Duolingo Club	Year 7-9	LB05	Ms Atherton
3:30- 4:30	KS3 Design Engineering	Year 7-9	FT01A	Ms Reid Evans
3:30 - 4:30	Playwrighting Club	Year 9-11	HC Theatre	Ms May
Friday				
7:50 – 8:40	Fitness	Year 7-11	Fitness Suite	Sports Dept
7:50 – 8:40	Running Club	Year 7-11	Shoreditch Park	Sports Dept
8:00-8:45	Guitar Band	Invitation Only	HC B	Music Dept
8:00-8:45	String Ensemble	String Instruments, Grade 3+	HC Theatre	Mr Sibley
8:50-9:20	Choir	Year 7-13	HC Theatre or HC02	Mr Haylor & Mr Henehan
1:00-1:45	Basketball	Year 7-9	Sports Hall	Mr Burnett
3:20-4:45	Hockey	Year 7-11	Astro	Mr Lloyd
3:20-4:45	Basketball	Year 9-11	Sports Hall	Mr Burnett
3:20-4:20	Next Gen Band	Invitation only	HC Building	Music Dept
3:30-4:30	Board Games Club	Year 7-11	FT05	Mr Spain
3:30-4:30	Axiom Maths Club	Year 11	MH08	Ms Tomkins
3:20-4:20	Science Club	Year 7-11	SC01	Mr Thompson
3:20-4:20	Brazilian Jiu Jitsu	Year 7-11	Heritage Gym	External Coach