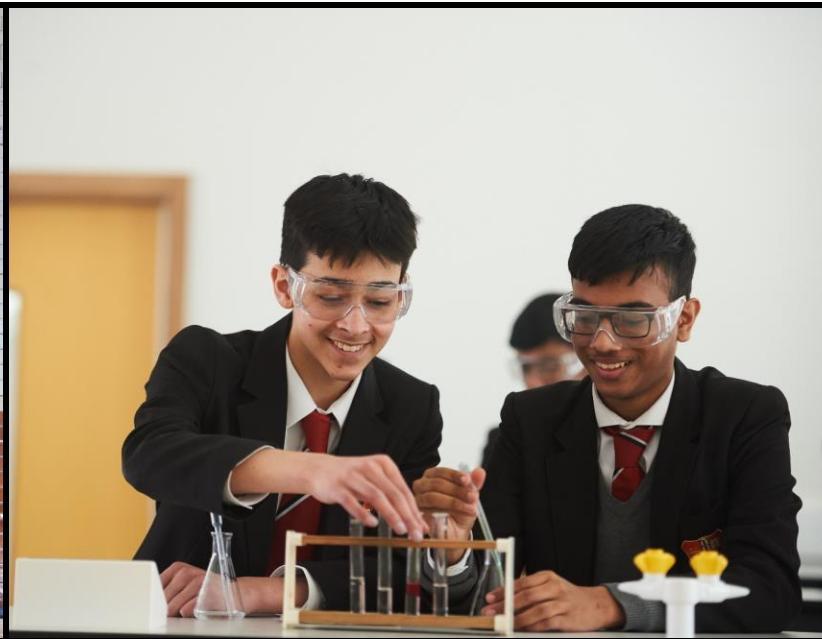




# Central Foundation Boys' School Success in Year 8 Class of 2031





# Staff: Contact Details

- **Ms Bennett:** Director of Learning for Year 8

- All student enquiries

[bennette@cfbs.islington.sch.uk](mailto:bennette@cfbs.islington.sch.uk)

- **Ms Kennedy:** Assistant Headteacher – KS3

[kennedyj@cfbs.islington.sch.uk](mailto:kennedyj@cfbs.islington.sch.uk)

- **Ms Oppenheim:** Co-Curricular Engagement

- Co-curricular enquiries

[oppenheimk@cfbs.islington.sch.uk](mailto:oppenheimk@cfbs.islington.sch.uk)



# Success at the Start:

## **How to support your child's success at CFBS:**

- **Key dates**
- **Timetable + Form Tutors**

## **Central Guarantee**

- **Attendance**
- **Homework Login**
- **Excellent behaviour using Satchel One**
- **Keeping your child safe in Year 8**

## **Central Baccalaureate :**

- **Music**
- **The Arts / LAMDA**
- **Sport**
- **SOCs Login**
- **Co-curricular Sign Up**



# Our Curriculum:

## Key Stage 3 Years 7-9

More time for core subjects: English Maths and Science

Two periods of RE from Year 7-10

Ample time for physical exercise

Broad range of subjects

### Over a fortnight:

- 6 periods Languages
- 2-3 periods Music, Art and Drama
- 4 periods History and Geography
- 2 periods Computer Science
- 2 periods of PSHE
- 3 periods of D&T and Food Technology

## Key Stage 4 Years 10-11

### Students continue:

**French, Spanish, Mandarin**

### Students choose 3 subjects from:

History, Geography, Business Studies, Art, Drama, Music, Technology, Food Technology, Computer Science, PE

## Key Stage 5 Years 12-13

12 periods a fortnight for each subject

10 periods dedicated to PSHE

University Preparation Sessions

Enrichment



# GCSE Grades:

**Grade Boundaries change every year.**

**They are decided against the performance of all students:**

**% of UK students**

**2-3 %                      Grade 9**

**7-10%                     Grade 8**

**20%                        Grade 7 – A Level Access**

**33%                        Grade 6**

**40%                        Grade 5 – Good Pass**

**70%                        Grade 4 – Pass / Level 3 Access**

Attainment	GCSE Equivalent Grade
	Overall English
	6
	9
	8
	8
	9
	7
	7
	9
	9
	9
	6
	5
	8
	7





# Class Groupings

**We group students using academic data into:**

**1. 'Core Class' of English Maths Science.**

**We review core classes following AP results.**

Group 1-4 = Target 7+

Group 5-6 = Target 5+

Group 7 = Target 4+

**2. 'Language Class' + Hist / Geo and RE**

**3. 'Arts' by Musical Instrument + PE**

## Core Subjects

English

Maths

Science

## Language students study one

French

Spanish

Mandarin

## Arts

Art

Music

Drama

Design &  
Technology

Food Technology

## Humanities

History

Geography

Religious  
Education

Computing

PSHE

# Period 1 Class Group

**8C : Ms Harper, SC01**

**8E : Mr Smith, LB07**

**8N : Ms Wayman, LB04**

**8T : Ms Linton, HC05**

**8R : Mr Bhambhani, LB15**

**8A : Ms Hou, LB03**

**8L : Ms Calahorro-Lopez, LB05**

Students are in this group

- Morning Line up
- Period 1 / First Lesson
  - Assembly
  - Break Line up
  - Lunch Line up



# Key Dates:

8th Sept – Co-curricular clubs began

October – Central Guarantee Letter

13th - 17th October – Assessment Point 1

18th November – Parents' Evening

23rd - 28th February – Assessment Point 2

Assessment Report Letter

1st – 5th June – Assessment Point 3

7th July – Parents' Evening



Data based on period since September 2023:

GCSE Target Grade:	8	Total golden tickets:	66
Attendance:	99.4 %	Total merits:	713
Late to school:	0	Total demerits:	56
Homework completion:	85.02 %	No. of PL detentions:	4

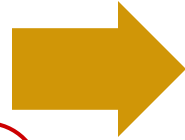
Subject	Current Attainment		Attitude to Learning
	Test Score (%)	GCSE Equivalent Grade	
English Mr McCosh	Overall English	Overall English	Outstanding
		6	
Maths Ms Kalubi	90	9	Outstanding
Science Miss Begum	70	8	Outstanding
Art Miss Levis	80	8	Outstanding
Computing Mr Obanye	97	9	Outstanding
Drama Miss Dodson	75	7	Outstanding
Food Technology Mrs Linton-Hemmings	81	7	Outstanding
French Mrs Ashby	80	9	Outstanding
Geography Mr Spain	78	9	Outstanding
History Mr Russell	100	9	Outstanding
Music Mr McDonnell	93	6	Good
P.E. Mr Lloyd	62	5	Outstanding
R.E. Ms Akdag	93	8	Good
Technology Ms Linton	70	7	Outstanding



# Lessons:

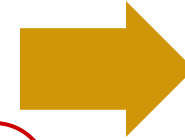
## Lesson Entry

- Students sit in assigned seats
- Black pen, green pen and ruler on desk
- Silent "Do Now" activity



## Learning

- Modelling of processes
- Teacher instruction
- Questioning of students
- Shared reading aloud
- Silent independent practice



## Lesson exit

- Exit task completed
- Stack workbooks
- Dismissed by teacher in rows

Students sit in a Seating Plan decided by their teacher  
Students are not allowed out of their seats in a lesson  
Students are not allowed to go to the toilet in a lesson



# Lessons:

- **'No hands up'** = All student should be thinking and ready to be called upon
- **'Cold call'** = Teacher will call upon students
- **SLANT** = Sat + Listening + Answering Questions + Never Interrupting + Tracking
- **Silent Entry + Silent Exit** = Focused on the learning



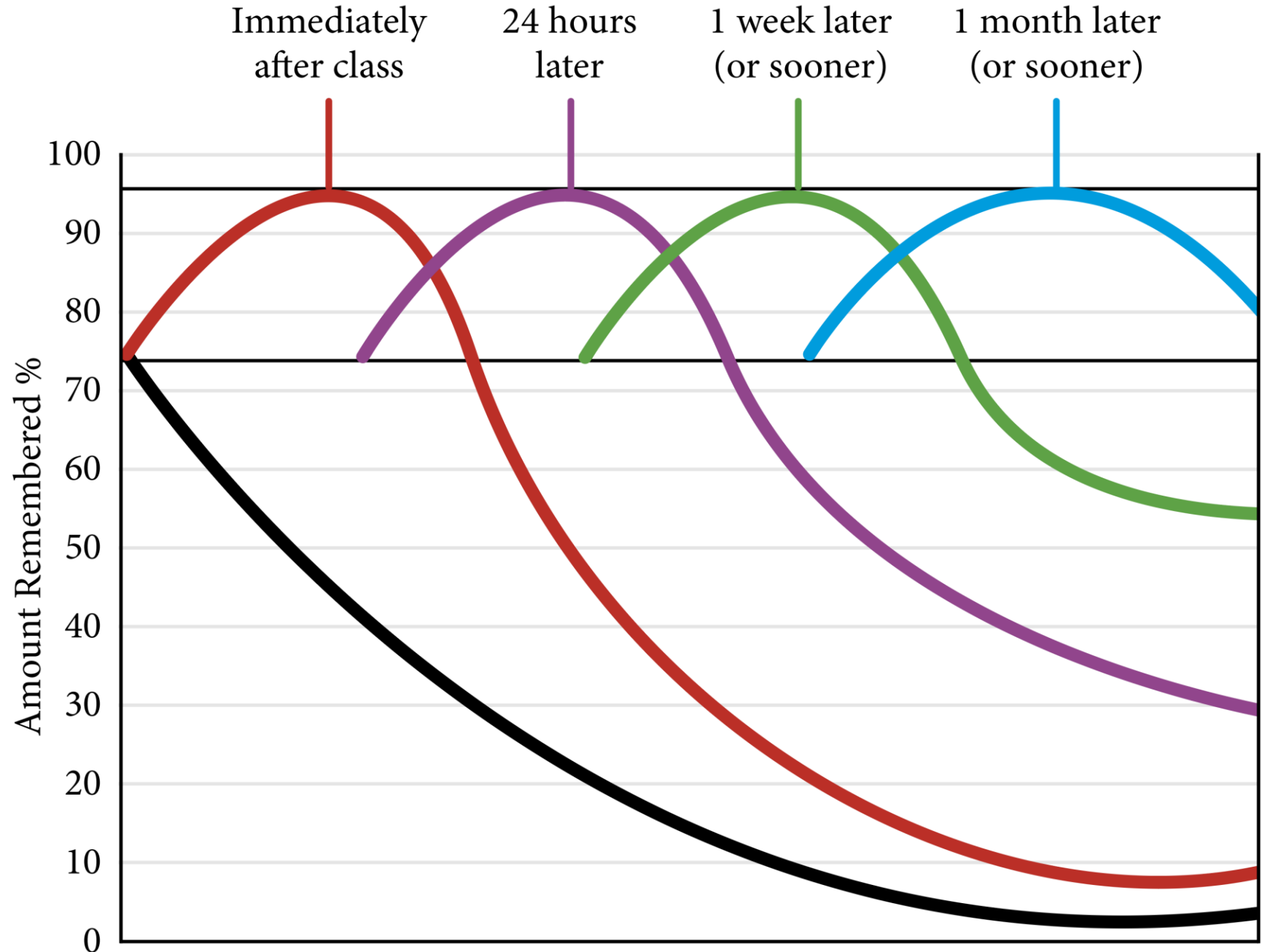
# The 'Forgetting Curve'

What we don't review again, we forget

We need to review information more than once, over time.

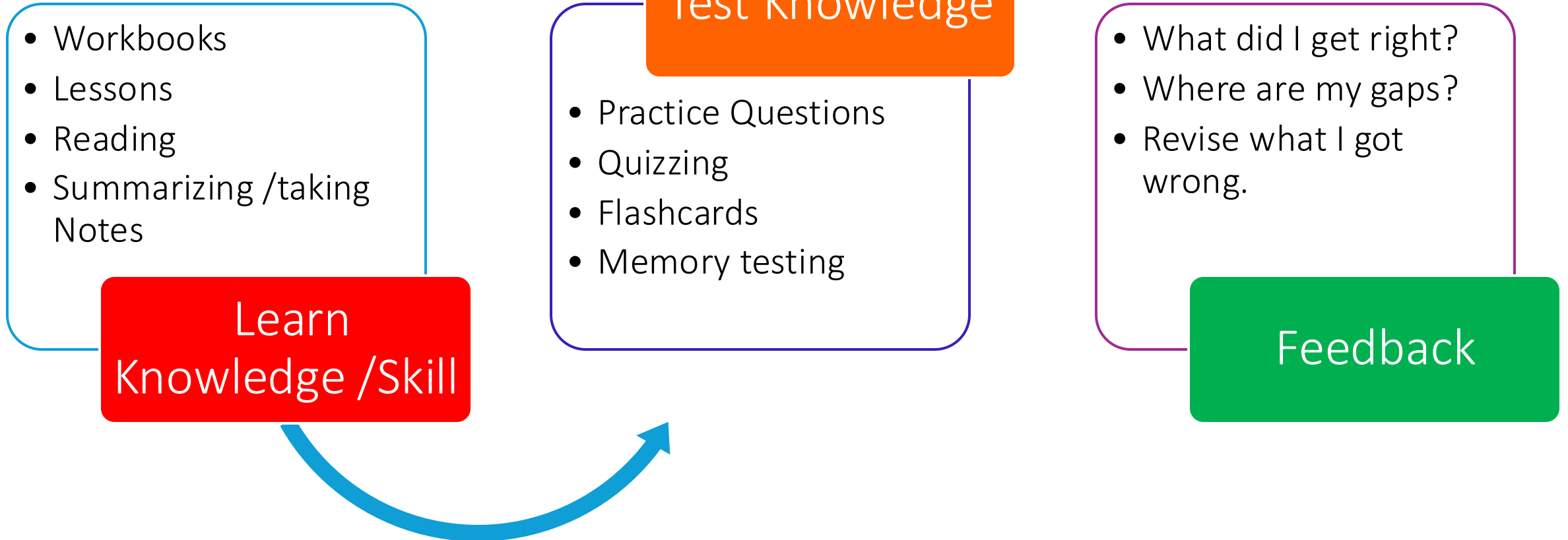
The more we repeat something, over time, the better we remember it!

## Overcoming The Curve



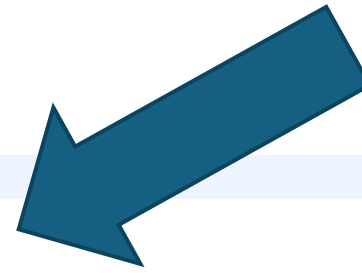








# How we learn





# Sparx Maths



✓ Homework due Monday 6th May 8am		Not started
✓ Homework due Monday 29th April 8am	Bookwork 	Completed ✓
✓ Homework due Monday 22nd April 8am	Bookwork 	Completed ✓
✓ Homework due Monday 15th April 8am	Late 	82%
✓ Homework due Monday 25th March 8am	Late 	81%
✓ Homework due Monday 18th March 8am	Bookwork 	Completed ✓
✓ Introducing Sparx Maths	Bookwork 	Completed ✓



# Cover Copy Check Revision

1. Read a fact you need to remember
2. Say it out loud
3. Cover it up
4. Write it down from memory
5. Check did you get it correct?



To have- Avoir  
J'ai  
Tu as  
Il a  
Ils ont  
Vous avez

What is the unit for power?  
Watts



# Cover Copy Check Revision + Flashcard

**Question**  
How and why is the rainforest being destroyed by humans?

**Answer**  
Logging  
Mining  
Farming  
Building roads

- Question on one side
- Answer on the other side
- You then need to use them
- Go back to them, read them through
- Test yourself on them, get someone else to test you.



# Success at CFBS – PE and Sport

## Pupil

1. Always have your FULL PE kit for PE lessons – organised
2. Attending at least 2 clubs weekly
3. Represent your House/ CFBS

## Parent / Carer

1. Check the Co-Curricular TT on the school website
2. Check SOC's weekly
3. Encourage your son to attend sports clubs



# PE and Sport

**Three** practical PE lessons every **two weeks**  
*(double period – 1 hour & 40mins)*



**STUDENTS **MUST BRING IN THE PE KIT** TO EVERY LESSON, WHETHER THEY'RE PARTICIPATING, INJURED OR ILL.**

Ga
CR
Ga
CR

Games = PE

**Success at CFBS**

Check your timetable.  
What week is it?



# Success at CFBS – Music + Food T

## Music

- 1. Label your instrument** with your full name
- 2. Bring your instrument** to every music lesson
- 3. Sign up** for extra music clubs eg: Music Tech or drums

## Food Tech



- 1. Label your container** with your name
- 2. Bring your container** to every food lesson: keep it in your bag
- 3. Sign up** for cooking comps / and food tech clubs



# Student Safety = Phones

**We strongly recommend a 'school phone' not a smart phone  
A phone that does not connect to internet/take pictures**

**Almost every safeguarding issue at CFBS is linked to smartphones.**

*Eg: bullying, inappropriate behaviour, altercations, content designed to 'shock'*

## Phones

Nokia 105

Nokia 3310



**If a student is found using a smart phone on site, we ask that they move to a school phone.**



# Safety On A Smart Phone

**Smartphones, even at home, pose the greatest risk to student safety**

1. It is your phone (parents)
2. Settings = **"Screen Time - Limit"**
3. Check the phone daily / randomly
4. Check apps – **Snapchat + Whatsapp = most concerning**
5. Check 'recently deleted' photos folder



# Safety On A Smart Phone

**Smartphones, even at home, pose the greatest risk to student safety**

1. Students behaving in an inappropriate way online in uniform or tagging CFBS bring the school name into disrepute – we will Intervene.
2. Snapchat shows content which disappears and is regularly inappropriate
3. Tik Tok algorithm shows inappropriate 'shock' content to students



# Student Safety = School Zone

**After school, students should clear the local area**

- Sit inside school if you are waiting for a friend
- Students need to move away from Cowper St / Leonard St once out of the gate
- No friends from other schools are allowed at CFBS

## **Safeguarding Team:**

- Ms Chawluk - Designated Safeguarding
- Ms Pham - Deputy
- Ms Harrison - Deputy



# The Central Guarantee:

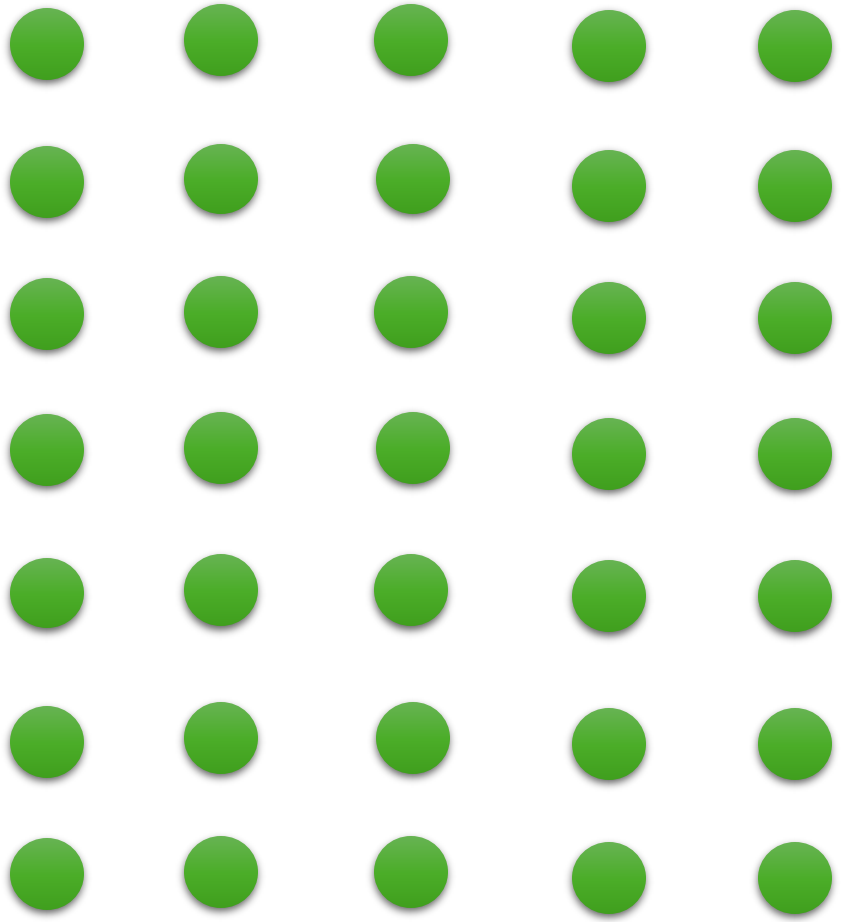
1. Attendance
2. Homework
3. Excellent behaviour





# Attendance: Every Lesson Counts

Each circle = one lesson in which learning was completed



**If you are not at school, you cannot:**

- 1. Access learning** with support from expert teachers
- 2. Ask questions** and challenge misconceptions
- 3. Socialize** and see friends
- 4. Take part in trips and rewards**
- 5. Maintain routine and discipline**



# 1. Attendance

**Attendance has a direct impact on student progress.**

**We register attendance at **AM: 8:50-9:20** and **PM 12:30**.**

- We call families of absent students.**
- The Director of Learning calls again in the evening**
- We do not authorise unexplained absence or holidays.**

<b>0 days off school</b>	<b>All lessons attended</b>	<b>100%</b>	<b>Exemplary</b>
<b>2 days off school</b>	<b>14 lessons missed</b>	<b>98%</b>	<b>Excellent</b>



# 1. Attendance

**Attendance has a direct impact on student progress.**

- **Every lesson counts**
- **At CFBS we teach every lesson – from the first day to the final day of term**
- **Alongside educational rewards events and trips, we teach the lessons within the curriculum**



# 1. Attendance : Illness

**We can send students home if they become ill.**

**Mild Illness requires students to attend school. Eg: headache / cough or cold.**

[Is my child too ill for school? - NHS](#)

## Illness Reduction

- Students need to wash hands regularly and use hand gel
- Sleeping 8-10 hrs a night / taking rest
- Keeping hydrated / eating fruit + veg
- Visiting our school nurse fortnightly



# 1. Attendance: Medical

**Appointments are not to be booked in the school day. Please request a new appointment time.**

**We need evidence of any appointment.**

## Appointments

- Please book/request appointments **from 2.30pm** onwards, if it must be in the school day.
- Send proof / confirmation letter to the DOL as early as possible.



# 1. Attendance: 'G' code

**Holidays in term time are unauthorized / 'G' code  
We will proceed using government guidelines by  
using the penalty notice process.**

## **Who will receive a penalty notice?**

15. Penalty notices will be issued to the parent/s with day-to-day responsibility for the pupil or the parent/s who have permitted the absence, regardless of which parent has applied for the leave of absence.
16. A penalty notice will be issued to each parent of each child:
  - whose attendance is poor
  - that was taken on an unauthorised term time holiday or term time leave
  - who in the case of exclusion, is present in a public place during the first 5 days.



# 1. Attendance

**Stage 1 – Less than 95% = Attendance Awareness**

**Stage 2 – Less than 90% = Attendance Panel**


**Stage 3 – Awareness + Panel + Referral to the Local Authority**

**Referrals to external agencies eg: CAHMS**

**Penalty Notice**

Attendance - Central Foundation Boys' School

# 2. Homework = Is Revision

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Y7</b> <b>Y8</b> <b>Y9</b>	<b>MFL</b> <b>Booklet</b> <b>80% Quiz</b>	<b>Maths</b> <b>Sparx</b> <b>80%</b>	<b>English</b> <b>Bedrock</b> <b>20 points</b>	<b>Science</b> <b>Sparx</b> <b>80%</b>	<b>Geography</b> <b>History</b> <b>Satchel One</b>

<b>Homework Support</b>	<b>Where?</b>	<b>Subject</b>
<b>Thursdays</b> 3.20-4.20pm	<b>FT Computer Room</b>	Homework <b>MUST</b> be submitted before 8am on the day due.

**Non-attendance to HW support results in a 4.20pm detention the following day.**



# 2. Homework



Maths

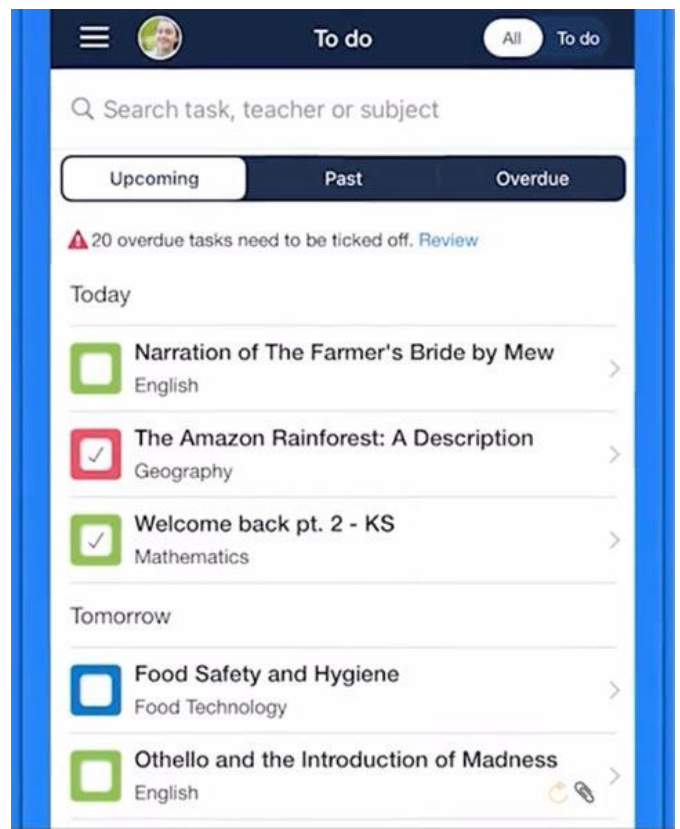
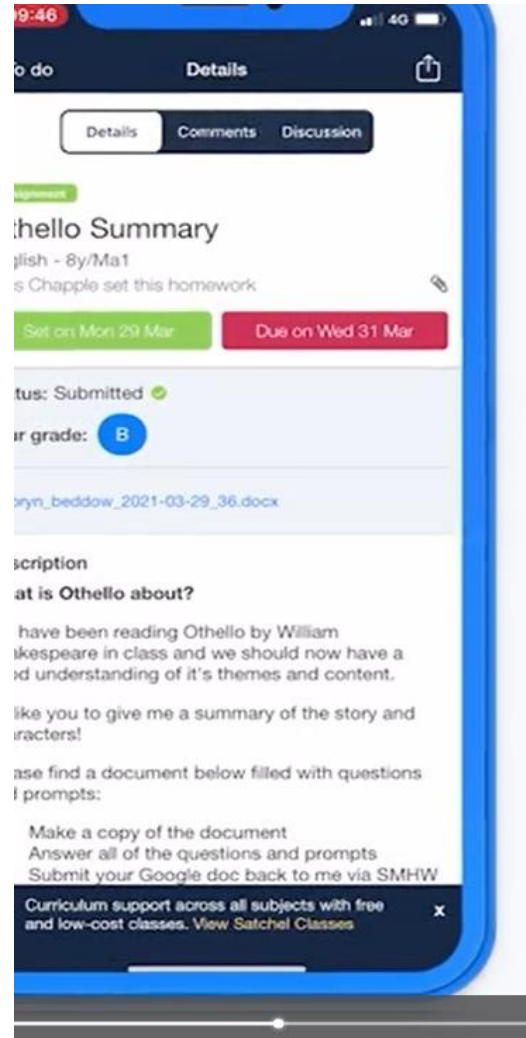
English

Science

Sparx

Bedrock

Sparx





# First Login / account setup

To login each user will need a pin to setup their account.  
You will receive these later this week.

## Student Pin – works only once

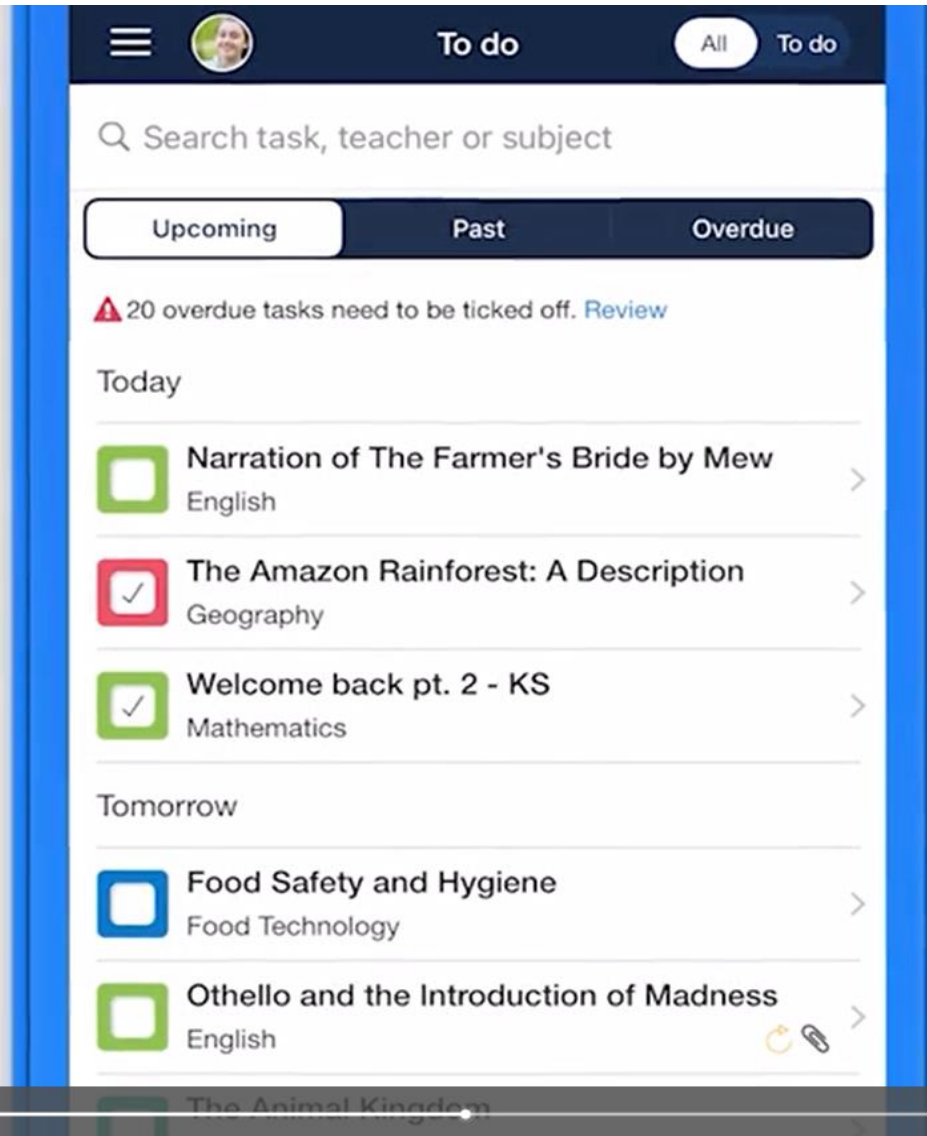
Students' will need support from families to set their password

## Parental Pin

- You can setup 5 accounts to provide support to your son
- Use your PIN to create your password
- This can be used to track HW set and HW completion
- All parents should setup an account to support their son throughout their time at CFBS.



# View upcoming, past and overdue tasks



- **A ticked task** is one that your child has ticked to say they have completed
- **Please check this work** and discuss with them if there are any improvements that could be made





# The Central Guarantee:

1. Attendance
2. Homework
3. Excellent behaviour

STRONG

TEAMWORK





# Success at CFBS: Excellent Behaviour

**On Time** - 8:40am

**Equipped** – Timetable, Black pen, green pen, ruler

**Respectful** - "Sir / Miss / Please / Thank you"

Keep the 'no hands rule'

**Kind to each other**

**Follow instructions first time**



# Success at CFBS: Excellent Behaviour

## Merits

Recognition of positive actions



Politeness

Outstanding Oral Contribution

Kindness

Outstanding Reading Aloud

Community Spirit

Outstanding Sports Performance

Outstanding Listening

Outstanding Written Work



# Celebrating Excellent Behaviour:

## Year 8 Graduation Ceremony: July 2026



### Graduate with a Distinction



Attendance – 97%+



Punctuality – 0 Lates



Homework – 75%+



# What is the Central Baccalaureate?

**An award which recognizes students' commitment to self-development. It is accredited by the National Baccalaureate Trust.**

**Every student in Key Stage 3 will work towards achieving their award.**

Progress towards achieving their awards will be in annual **Graduation Ceremonies.**

The **Central Baccalaureate Award** will be presented to students at the end of Year 9.



# How do students achieve the Central Baccalaureate?

Personal Project

80 hours of Co-Curricular

Knowledge / Lesson Attendance

2 clubs per week  
Projects  
Fixtures  
Performances  
Volunteering

CENTRAL FOUNDATION BOYS SCHOOL



*'Clubs are something that I look forward to every day'*  
**Mylo, 11C**

# What does the Central Baccalaureate require?



## **Measuring Personal Development Engagement.**

<b>Activity</b>	<b>Hours (over one academic year)</b>
Regular attendance to one co-curricular club	20
Member of music school	20
Student Council	10
Engagement in Enrichment Week	5
Empathy week pledge	1
A sporting fixture	1
Litter Officer duty for a week	0.5
Trip	1
Workshop	1
Saturday Sport	3

# Personal Project

- **Personal Project Conference: w/c 27th April 2026**
- **Pupils are required to:**
  - Choose an area of interest
  - Plan, research and carry out the project
  - Deliver a presentation of their project
- **How can parents help?**
  - Supporting pupils with development of their project
  - (Assisting with title, research and setting up presentation)

'What did the Ancient Greeks really do in their spare time?'

'How has AI changed our world?'

'Is the Premier League fair?'


'How is climate change affecting Londoners?'

'Are sportspersons paid too much?'

# Personal Project

1. Preparation will take place during P1 with form tutors from January.
  2. Pupils will receive a workbook guiding them through the process of writing their projects creating their presentations.
- Start to think about an area that you would like to focus on for your personal project.

Lesson 1: Organising your ideas



Do now: Personal Project Recap  
What is your topic title?


\_\_\_\_\_

\_\_\_\_\_

List three key facts you have found out about your topic:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Extension



CENTRAL  
FOUNDATION  
BOYS' SCHOOL

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Year 8 Workbook

Central Baccalaureate

Personal Project Workbook

*Unit 1: Topic Selection and Research*

---

Name:

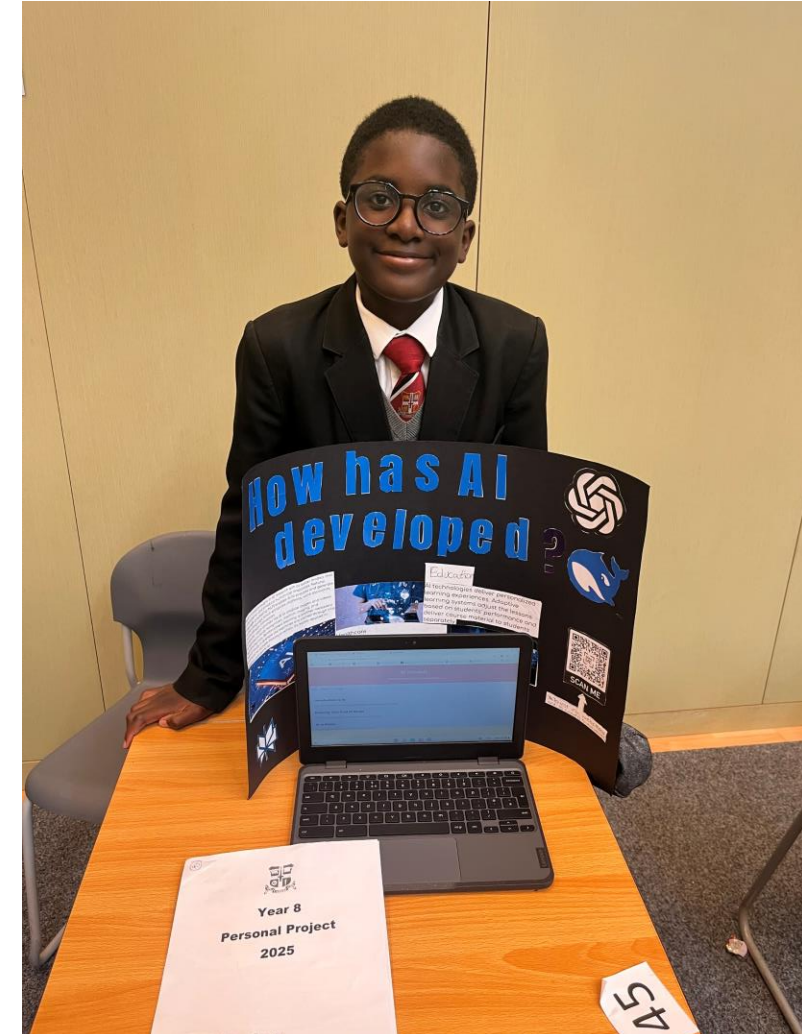
Form:

ject? What

2



# Year 8 Personal Project Conference – June 2025



Co-Curricular Timetable

Drama and Production

Music

Public Speaking and Debates

Sport

Sports Calendar (BODCs)

Student Leadership



OUTSIDE THE CLASSROOM



# Co-curricular Timetable



As well as on SOCS, the co-curricular timetable can be found on our website. Click '**co-curricular**' and '**co-curricular timetable**.'

centralfoundationboys.co.uk/co-curricular/

SCHOOL ANNOUNCEMENT – OPEN EVENTS FOR STUDENTS AND THEIR PARENTS LOOKING TO APPLY FOR A PLACE IN YEAR 7 AND YEAR 12 STARTING SEPTEMBER 2026 – [CLICK HERE TO READ MORE AND BOOK A TOUR](#)

CENTRAL FOUNDATION BOYS' SCHOOL

PARENTS STUDENTS CAREERS STAFF CALENDAR FACILITIES FOR HIRE SEARCH

HOME | ABOUT | ADMISSIONS | SCHOOL DAY & SUPPORT | TEACHING & EXAM RESULTS | **CO-CURRICULAR** | SIXTH FORM | CONTACT US

Central Baccalaureate

**Co-Curricular Timetable**

Drama and Production

LAMDA

Music

Public Speaking and Debating

Sport

Sports Calendar (SOCS)

Student Leadership

CO-CURRICULAR

HOME / CO-CURRICULAR



## CFBS CO-CURRICULAR TIMETABLE: Autumn Term 2025/26

Time	Club	Year Group	Location	Staff
<b>Daily</b>				
1:00-1:45 (P6a)	KS3 Lunch Club (Daily)	Year 7, 8 and 9	LB07	Ms Pham
1:00-1:45 (P6a)	Basketball	Year 7, 8 and 9	Sports Hall	Mr Burnett
After School	School Council	Year 7-10	LB01	Ms Okolosie
<b>Monday</b>				
7:50 – 8:40	Badminton	Year 7-11	Sports Hall	Mr Spain
7:50 – 8:40	Fitness	Year 9-11	Fitness Suite	Mr Richards
8:35-9:20	Fitness	Year 9	Fitness Suite	Mr Allen
3:30-4:30	New Views: National Theatre	Year 7-11	HC Theatre	Ms May
<i>Starting w/c 29/09</i>	Table Tennis	Year 7-11	Heritage Gym	External Coach
3:20-4:45	Basketball	Year 7-9	Sports Hall	Mr Burnett
3:20-4:45	Year 7 Performance Football	Year 7 (Performance Group)	Astro	Mr Smith
3:20-4:45	Running Club	Year 7-11	Shoreditch Park	Mr Allen
3:20-4:45	Squash	Year 7-11	Finsbury Leisure	Sports Dept
<b>Tuesday</b>				
7:50 – 8:40	Table Tennis	Year 7-11	Heritage Gym	Mr Barrell
7:50 – 8:40	Fitness	Year 7-9	Fitness Suite	Mr Burnett
7:50 – 8:40	Fitness	Year 9 & 10	Fitness Suite	Mr Allen
8:35-9:20	Fitness	Year 9 & 10	Fitness Suite	Mr Lloyd
8:35-9:20	Football (S&C)	Year 9	Fitness Suite	Mr Lloyd
8:00-8:45	Drumming Group	Year 7-13	HC Theatre	Mr Davies
8:00-8:45	Chamber Music	Orchestral Instruments, Grade 6+	HC B	Mr Sibley



# Co-Curricular Key Facts

# 107

Number of students in Year 8 actively participating in co-curricular at CFBS.



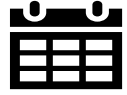
# 668

Number of club hours Year 8 have achieved so far as a year group.



- **Students should try as many clubs as possible and then stick to 2-3.**
- **Clubs take place in the morning from 8am, at lunch time and after school from 3.30-4.30pm.**
- **If a club is changed or cancelled, you will be notified on SOC's.**

# Sport = Academic Year



**350**

**SCHEDULED  
FIXTURES**



**412**

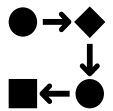
**PUPILS INVOLVED  
IN A SPORTS  
FIXTURE**



**55% YEAR 7s  
INVOLVED IN A  
SPORTS  
FIXTURE**



**A-H  
SPORTS  
ASPIRATION  
FIXTURES**



**16**

**DIFFERENT  
SPORTS**



**U12, U13, U14,  
U16 CHAMPIONS  
ISLINGTON &  
CAMDEN**



**54**

**DIFFERENT  
TEAMS**



**8**

**INTERHOUSE  
COMPETITIONS**



Jennifer Kennedy  
Logged in as Main User

- SOCS Home
- Calendar
- Active Activities
- Event Programme
- Weekly Overview
- Reports
- Pupil & Staff Search
- Houses
- Forms
- Staff
- SOCS Co-curricular Users
- Activities - Master List
- Sign-up Settings
- Pupil Unavailability
- Log Out

## Calendar

Oct		2024				
Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

My calendar

Tuesday 08 October 2024

### Co-curricular Activities (16 events)

Timings	Event	Details	Register	Timetable
07:50-08:45	Tuesday (before school) <b>Table Tennis and Rowing</b> Location: Gym			
08:00-08:45	Tuesday (before school) <b>Drumming Group</b> Location: Music Dept			
08:50-09:20	Tuesday (before school) <b>Mindfulness Yr8</b> Location: MH12			
13:00-13:45	Tuesday (lunchtime) <b>KS3 Lunch Club TUE</b> Location: LB07			
15:20-16:30	Tuesday (after school) <b>Advanced Coding Club</b> Location: FT10			
15:20-16:30	Tuesday (after school) <b>Book Club</b> Location: LB06			
15:20-16:30	Tuesday (after school) <b>Chess Club</b> Location: LB12			
15:20-16:30	Tuesday (after school) <b>Coding Club</b> Location: FT07			
15:20-16:30	Tuesday (after school) <b>Debate It!</b> Location: MH02			
15:20-16:30	Tuesday (after school)			



- Allows **pupils** to sign up to co – curricular clubs
- Allows **parents** to view clubs on offer and see what students are attending
- Allows **teachers** running clubs to log attendance and club hours.

# How to access SOCS...

## For Parents:

### Step 1:

Visit: <https://www.socscms.com/login/8105/parent> and click 'Activate Account'

**Step 2:** You must enter the email address that you have given to the school, it must be typed correctly.

**Step 3:** Click 'Activate'

**Step 4:** You will then receive an email from SOCS with a link to create your password.

## For Pupils:

### Step 1: Visit:

<https://www.socscms.com/login/8105/pupil/>

Or type in 'SOCS' to browser and click 'pupil'.

**Step 2:** Use normal school log in to access SOCS (school email)

**Step 3:** Sign up to clubs!



# Staff: Contact Details

- **Ms Bennett:** Director of Learning for Year 8

- All student enquiries

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- **Ms Kennedy:** Assistant Headteacher – KS3

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- **Ms Oppenheim:** Co-Curricular Engagement

- Co-curricular enquiries

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