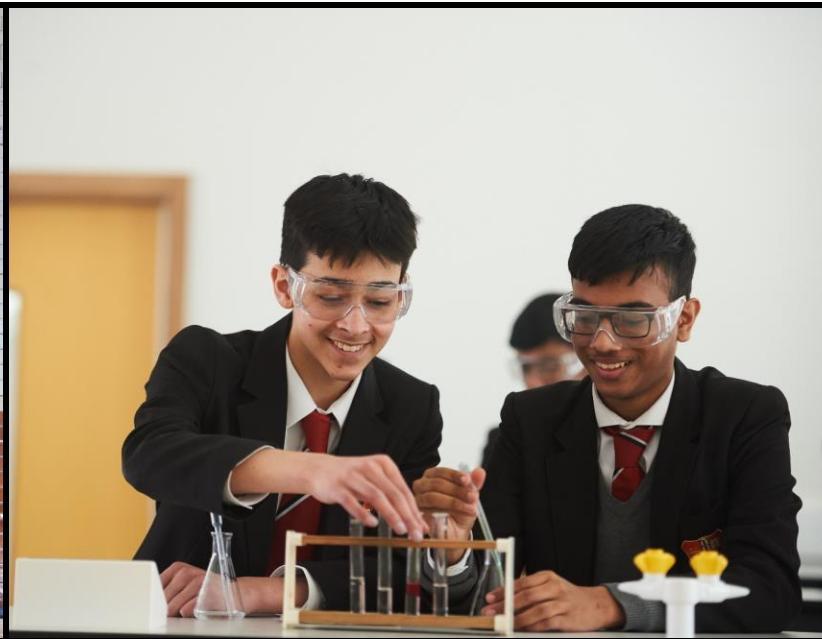




Central Foundation Boys' School

Success at the Start

Class of 2032





Success at the Start:

How to support your child's success at CFBS:

- Key dates
- Timetable + Form Tutors

Central Guarantee

- Attendance
- Homework Login
- Excellent behaviour using Satchel One
- Keeping your child safe in Year 7

Central Baccalaureate :

- Music
- The Arts / LAMDA
- Sport
- SOCs Login
- Co-curricular Sign Up



Staff: Contact Details

- **Ms McMenamin:** Director of Learning for Year 7

- All student enquiries

Mcmenamink@cfbs.islington.sch.uk

- **Ms Kennedy:** Assistant Headteacher – KS3

kennedyj@cfbs.islington.sch.uk

- **Ms Oppenheim:** Co-Curricular Engagement

- Co-curricular enquiries

oppenheimk@cfbs.islington.sch.uk



Key Dates:

8th Sept – Co-curricular clubs begin

Oct – Central Guarantee Letter

10th-14th Nov – Assessment Point 1

9th Dec – Parents' Evening



Data based on period since September 2023:

GCSE Target Grade:	8	Total golden tickets:	66
Attendance:	99.4 %	Total merits:	713
Late to school:	0	Total demerits:	56
Homework completion:	85.02 %	No. of PL detentions:	4

Subject	Current Attainment		Attitude to Learning
	Test Score (%)	GCSE Equivalent Grade	
English Mr McCosh	Overall English	Overall English	Outstanding
		6	
Maths Ms Kalubi	90	9	Outstanding
Science Miss Begum	70	8	Outstanding
Art Miss Lewis	80	8	Outstanding
Computing Mr Obanye	97	9	Outstanding
Drama Miss Dodson	75	7	Outstanding
Food Technology Mrs Linton-Hemmings	81	7	Outstanding
French Mrs Ashby	80	9	Outstanding
Geography Mr Spain	78	9	Outstanding
History Mr Russell	100	9	Outstanding
Music Mr McDonnell	93	6	Good
P.E. Mr Lloyd	62	5	Outstanding
R.E. Ms Akdag	93	8	Good
Technology Ms Linton	70	7	Outstanding



The Timetable:

Students must always follow their timetable.

- 1. Check their timetable each day: in the morning and evening**
- 2. Take a photograph of their timetable.**
- 3. Support them in packing their bag in line with TT eg: PE Kit for Games.**

1 means Week 1

	1Mon	1Tue	1Wed	1Thu	1Fri
1	He RL CA07	Ra RL CA07	He RL CA07	As RL CA07	Ra RL CA07
2	En IA LB06				
3	Sc SA 8				
4	Hi EIB MH05	GT GT	En SC01	RL CA07	EG LB10
5	Sp LCL LB04	Ma ZT MH10	Ma ZT MH10	Dr ED GH01	Ma ZT MH10
6a					
6b	Ga DL	Sc MG/A SC05	En IA LB06	Sc MG/A SC05	Sp LCL LB04
7	Ga DL	Ma ZT MH10	En IA LB06	Ma ZT MH10	Fa RL CA07
8					

Ma = Maths
ZT = Ms Tomkins
Room = MH 10

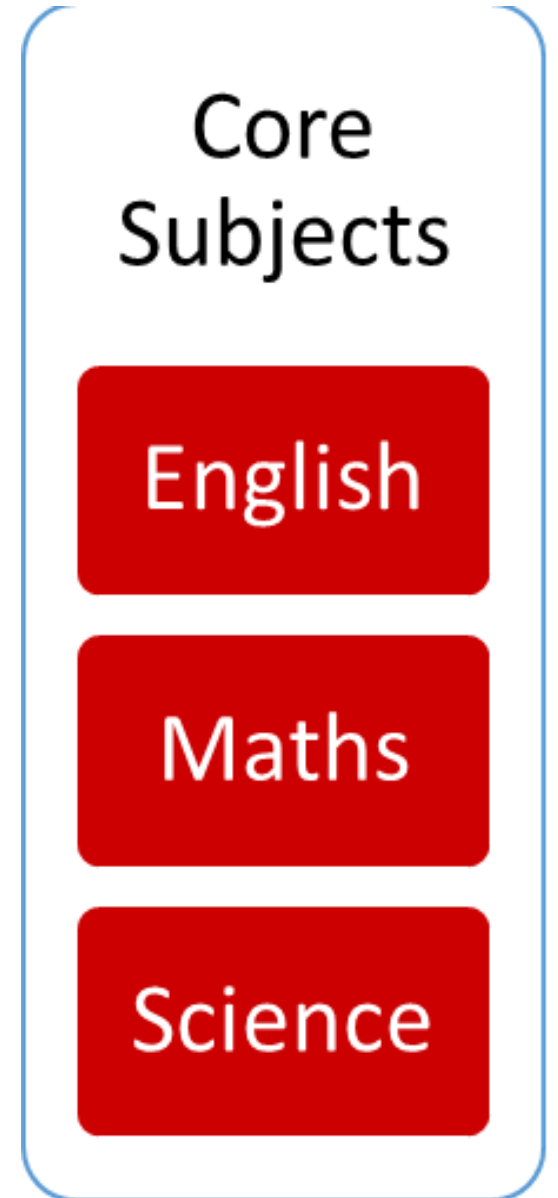
MH = Maths and Humanities Building
CA = Creative Arts Building
LB = Languages Building
FT = Finsbury Tech
SC = Science Centre

Core - Class Group

We group students using academic data into a 'Core Class' of English Maths Science

Following CFBS assessments we review these groupings

- **SATs results** Group 1-4 = Target 7+
- **Banding Test** Group 5-6 = Target 5+
- **Reading Age** Group 7 = Target 4+



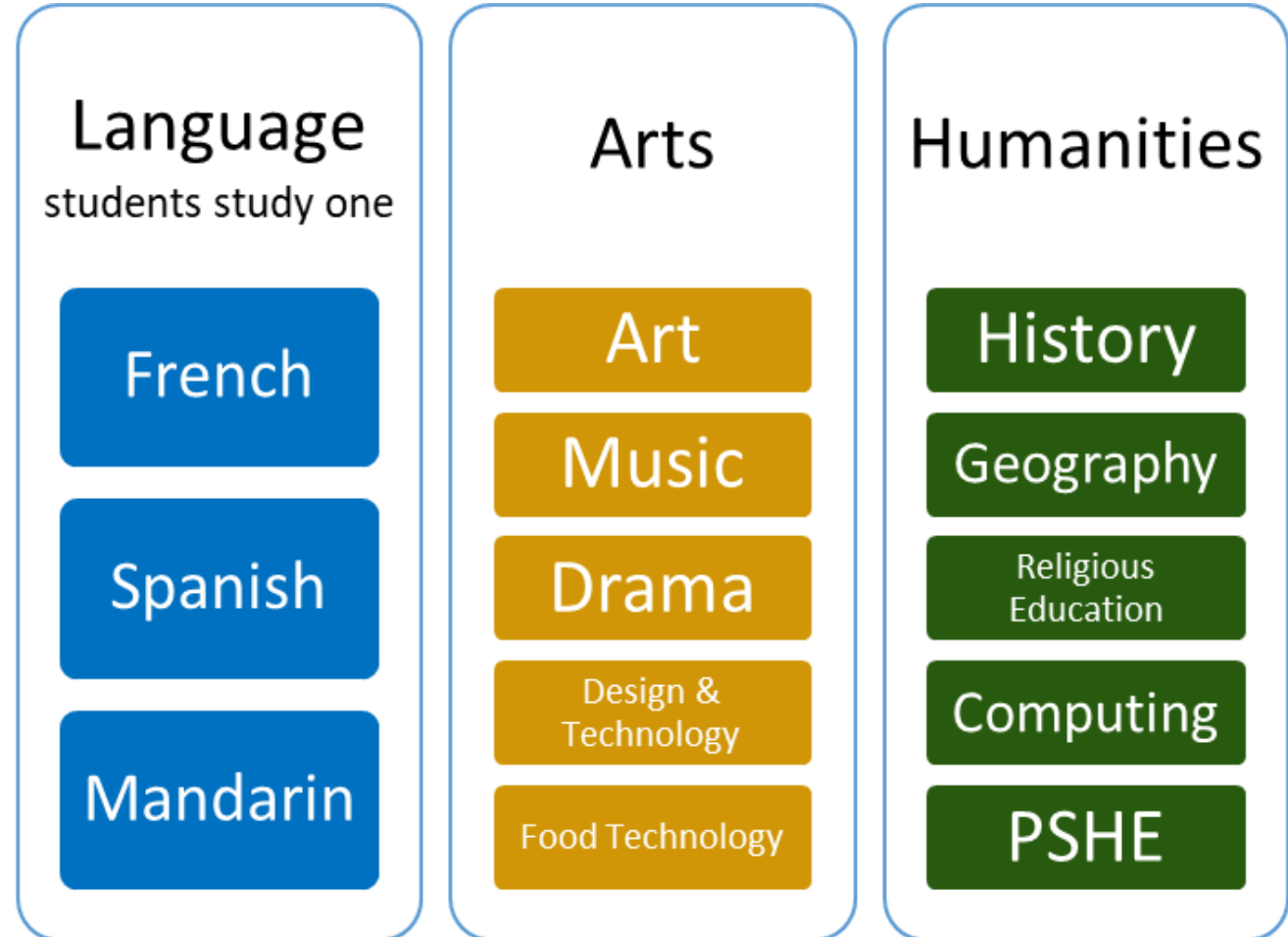
Language - Class Group

Students are also grouped by the language that they study.

This is also their Humanities class group

We have:

- **1 Mandarin class**
- **1 French class**
- **4 Spanish classes**



Period 1 Class Group

7 C : Ms Sharif, FT06

7 E : Ms Sheikh, FT04

7 N : Mr Spain, FT05

7 T : Mr Steel, MH02

7 R : Ms May MH05

7 A : Mr Baker, FT08

7 L : Ms Matthews, MH06

Students are in this group

- Morning Line up
- Period 1 / First Lesson
- Assembly
- Break Line up
- Lunch Line up
- Creative Arts
- PE
- Music
- Drama



Lessons:

Lesson Entry

- Students sit in assigned seats
- Black pen, green pen and ruler on desk
- Silent "Do Now" activity

Learning

- Modelling of processes
- Teacher instruction
- Questioning of students
- Shared reading aloud
- Silent independent practice

Lesson exit

- Exit task completed
- Stack workbooks
- Dismissed by teacher in rows

- Students sit in a Seating Plan decided by their teacher
- Students are not allowed out of their seats in a lesson
- Students are not allowed to go to the toilet in a lesson



Lessons:

- 'No hands up' = All student should be thinking and ready to be called upon
- 'Cold call' = Teacher will call upon students
- SLANT = Sat + Listening + Answering Questions + Never Interrupting + Tracking
- Silent Entry + Silent Exit = Focused on the learning



Drama and the Arts

In the classroom:

- Drama & Art once a week

Opportunities in drama and creative arts:

- Clubs (weekly)
- Showcases + Competitions
- Trips
- School musical – Oliver!
- LAMDA classes



Music

Classroom

- Year 7s receive a Violin, Viola, Cello or Flute.
- This instrument is yours from y7 to 9.

Music School

- Tue 8-8.45 – Drumming Club w/ Mr Davies
- Thu 8-8.45 – Y7 Orchestra w/ Mr Sibley
- Fri 8-8.45 – Guitar Club w/ Mr Ellins
- Fri Lunch – Y7 Choir w/ Mr Haylor

1-2-1 Lessons

- Available to students that have already studied
- Students will attend music school
- Apply via the website: Outside the Classroom > Music

Email – haylora@cfbs.islington.sch.uk

Autumn 1 Practice 70/100

Description Insights Assess Discussion

Mr A. Haylor set this assignment for group 70/Mu1 - Music

Set on Tue 03 Sep Complete by Mon 04 Nov

Task description

Use the following videos to practice your instrument. Before you start your practice session:

1. Check that it's ok to practice
2. Find a nice quiet place
3. Have your instrument out and ready to play
4. Start with Lesson 1 and then see how you get on.

Violin/Viola

Lesson 1 - Play Kodaly rhythms on different strings
Lesson 2 - St. Anthony's Chorale
Lesson 3 - St. Anthony's Chorale

Flute

Lesson 1 - posture/set uphead joint
Lesson 2 - Tooty Toot Song
Lesson 3 - Busy Breez
Lesson 4 - Old Chasseweggen
Lesson 5 - Ojembe Jam

I've completed all the lessons - what now?
Open up the attached document and find the next video lesson.

Community resources

Share this task

Other information

- This homework will take approximately 30 minutes
- Mr A. Haylor does not require you to submit anything for this task

Resources to help you

[instrument_tutorial_link_docx](#)
DOCX Download

3x Practice Per Week





PE and Sport

Three practical PE lessons every **two weeks**
(*double period – 1 hour & 40mins*)



STUDENTS MUST BRING IN THE PE KIT TO EVERY LESSON, WHETHER THEY'RE PARTICIPATING, INJURED OR ILL.

Ga
CR
Ga
CR

Games = PE

Success at CFBS

Check your timetable.
What week is it?

2024-25 Academic Year



400

**SCHEDULED
FIXTURES**



412

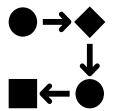
**PUPILS INVOLVED
IN A SPORTS
FIXTURE**



**55% YEAR 7s
INVOLVED IN A
SPORTS
FIXTURE**



**A-H
SPORTS
ASPIRATION
FIXTURES**



16

**DIFFERENT
SPORTS**



**Y8 National
Indoor Rowing
Champions**



54

**DIFFERENT
TEAMS**



8

**INTERHOUSE
COMPETITIONS**



Autumn Opportunities

- Basketball tournaments & fixtures (incl. Jr NBA)
- Multiple cross-country races
- Table-tennis competitions
- Badminton competitions
- Interhouse Football, Cross-Country & Rowing
- Five football cup competitions & multiple A-H football fixtures





Key September Dates

Football Trials

Thursday 4th - Trials for C&E

Friday 5th - Trials for N&T

Monday 8th Trials for R,A&L

Wednesday 10th - Final Trial - This is for players who got through the first round of trials

Basketball Trials

Friday 5th - R,A&L

Tuesday 9th - C,E,N&T

If a student cannot make a certain day then they should speak to a member of the PE Team who will arrange another day for them.

Interhouse Cross-Country

September – ALL students

3:20-
4:45pm
Full PE Kit
Astroturf



Success at CFBS – PE and Sport

Pupil

1. Always have you FULL PE kit for PE lessons – organised
2. Attending at least 2 clubs weekly
3. Represent your House/ CFBS

Parent / Carer

1. Check the Co-Curricular TT on the school website
2. Check SOC's weekly
3. Encourage your son to attend sports clubs



The Central Guarantee:

1. Attendance
2. Homework
3. Excellent behaviour

STRONG

TEAMWORK





1. Attendance

Attendance has a direct impact on student progress and results.

- 1. Healthy habits of handwashing, eating and sleeping**
- 2. Come into school if illness is mild eg: headache**
- 3. Do not book holidays in Term Time**
- 4. Avoid appointments in Term Time**

0 days off school	All lessons attended	100%	Exemplary
2 days off school	14 lessons missed	98%	Excellent



1. Attendance

- **We call families in the morning to check attendance**
- **The Director of Learning will call again in the evening**
- **We don't authorise unexplained absence or holidays.**

If a student's attendance falls below expected:

- **Calls, letters and meetings – we aim to be highly supportive and problem-solve together.**
- **Attendance Awareness meeting with the student**
- **Attendance Panel with the student and family**
- **Rare occasions require escalation to the Local Authority**



1. Attendance

P1 register is the most important register of the day – it is the basis of our attendance system and a **statutory requirement**

- **The register is taken in the first 5 min of P1 - (/) (N) (L) - these are checked.**
- From 9.05am, absent P1 students are called by Attendance Team / Ms Arpino.
- Students are then called again by the DOL and codes are amended.

Codes

C – authorised circumstances

U – late after registration

I - illness

M – medical

A – IC / ERR E – excluded

V – educational visit B – educated offsite

O -unauthorised

0 days off school	All lessons attended	100%	Exemplary
2 days off school	14 lessons missed	99%	Excellent
5 days off school	35 lessons missed	97%	Good
10 days off school	70 lessons missed	95%	Improvement Needed
15 days off school	105 lessons missed	93%	Concern
20 days off school	140 lessons missed	90%	Significant Concern
30 days off school	210 lessons missed	85%	Extreme Concern



Attendance Adds Up

- 0 days off = 0 lessons missed
- 2 days x 5 years = 70 lessons missed
- 5 days x 5 years = 175 lessons missed
- 10 days x 5 years = 350 lessons missed
- 15 days x 5 years = 525 lessons missed
- 20 days x 5 years = 700 lessons missed



2. Homework



Maths

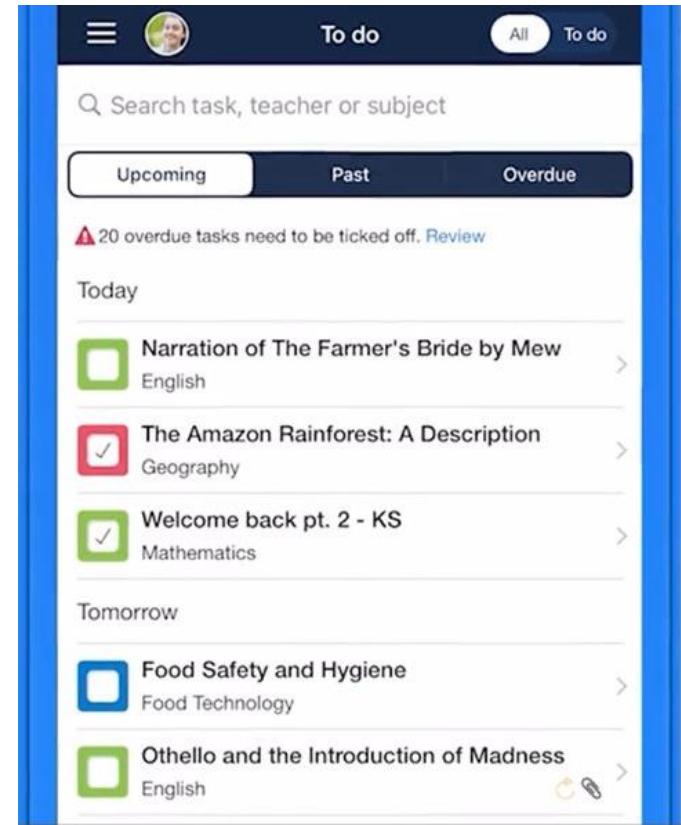
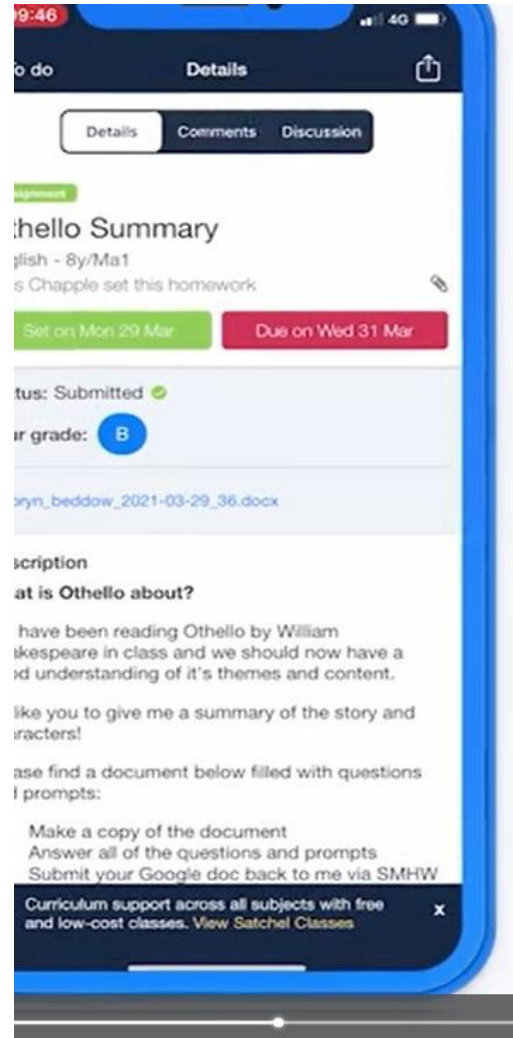
English

Science

Sparx

Bedrock

Educake



KS3 Homework



	Monday	Tuesday	Wednesday	Thursday	Friday
Across Y7 Y8 Y9	MFL	Maths Sparx 80%	English Bedrock 20 points	Science Educake 80%	Geography History Satchel One

Homework Support	Where?	Subject
Tuesday 3.20-4.20pm	FT Computer Room	Homework MUST be submitted before 8am on the day due.

Non-attendance to HW support results in a 4.20pm detention the following day.



Homework Expectations

Download the **Satchel One** App

Or

Visit

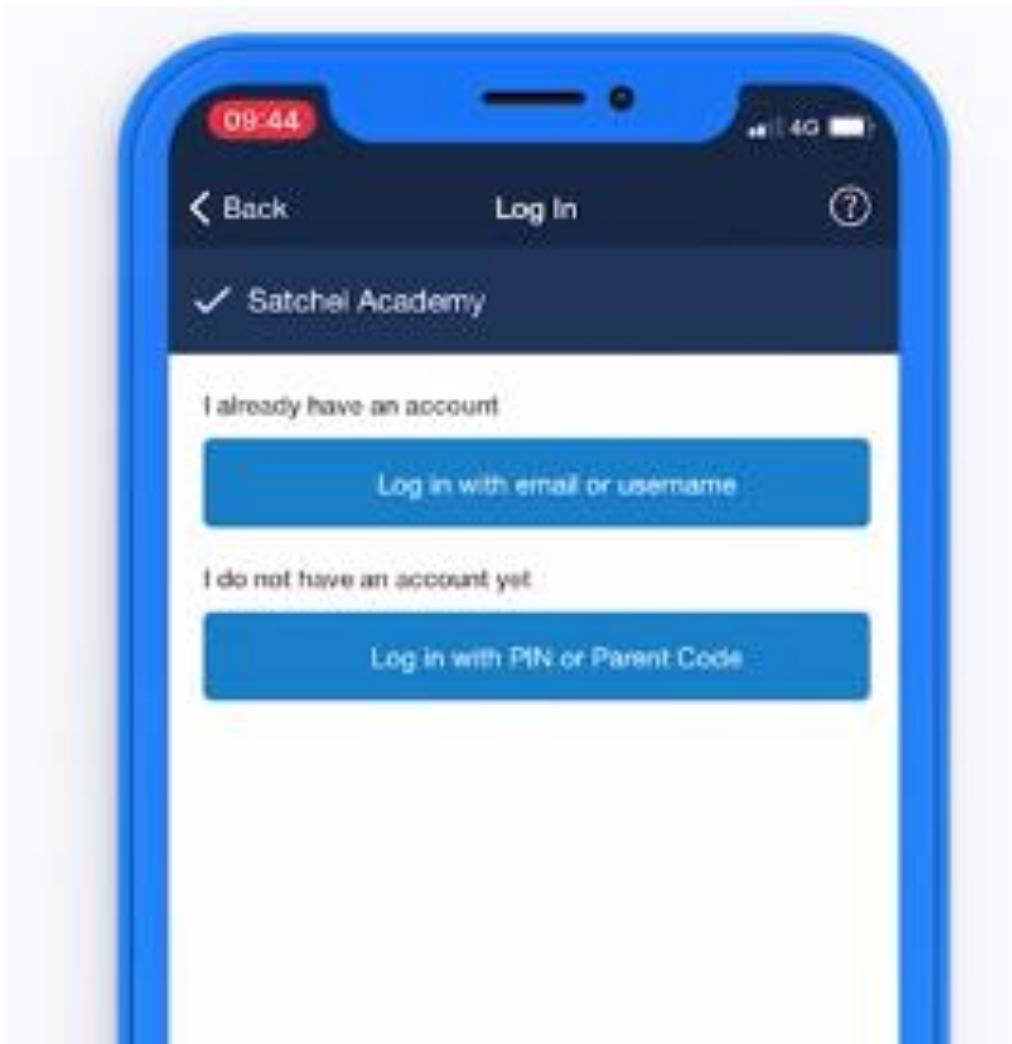
<https://www.satchelone.com/>

"Show My Homework (SMHW)"



Parental Account Setup With Pin

App



Login

[Forgot password?](#)

Staff **Parent** Student

- I already have an account
- I don't have an account yet

Central Foundation Boys' School

Enter email address

Enter parent code (supplied by school)

I'm not a robot

reCAPTCHA
Privacy - Terms

Sign up



First Login / account setup

To login each user will need a pin to setup their account.
You will receive these later this week.

Student Pin – works only once

Students' will need support from families to set their password

Parental Pin

You can setup 5 accounts to provide support to your son

This can be used to track HW set and HW completion

Select the **'Parent' or 'Student'** tab of the login page, then choose the **'I don't have an account yet'** option.

Login [Forgot password?](#)


Staff Parent **Student**

I already have an account
 I don't have an account yet

Search school

Enter email address or username

Enter PIN (supplied by school)

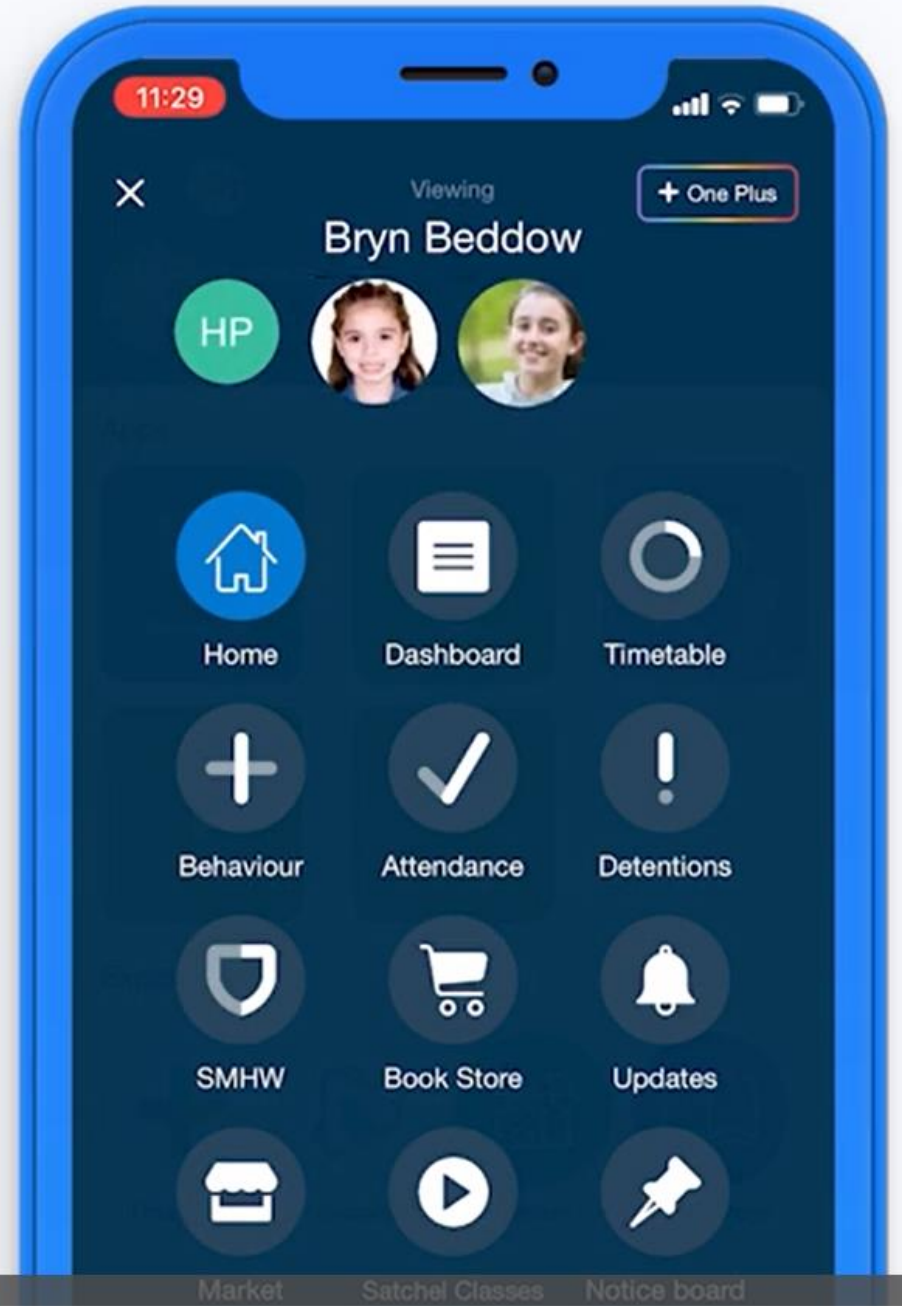
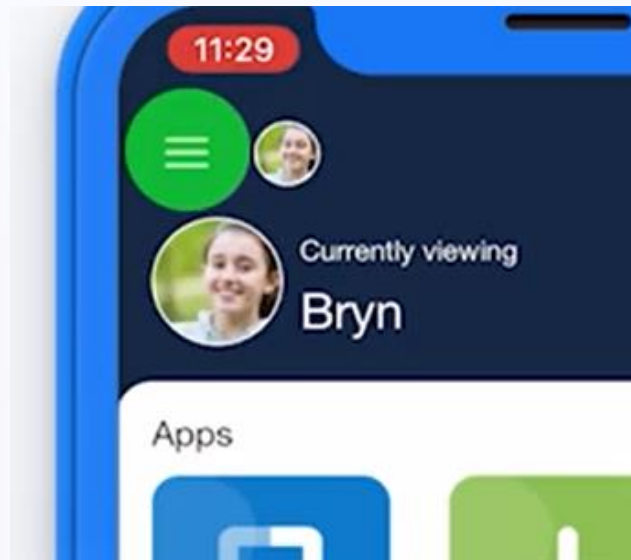
I'm not a robot  reCAPTCHA
Privacy - Terms

Sign up

- Search for our school (by name)
- Students type in your school email address
- Enter the PIN given to you by the school
- Tick "*I am not a robot*" and complete any security tasks if necessary
- Click *Sign up*

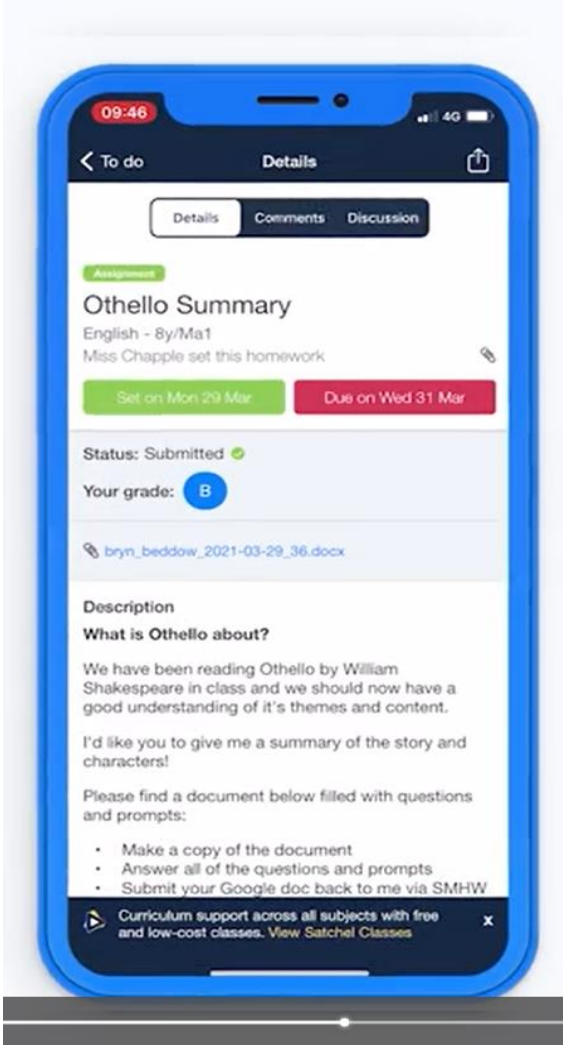


Select their name, then SMHW / Show My Homework

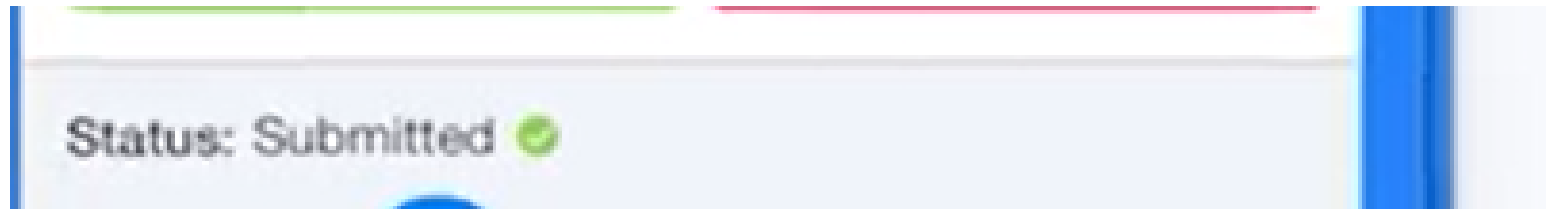




View HW Set



- Tap a task to see detail of the task
- You can also access comments from your child and teacher and the discussion
- **Discussion / Comments - Remember** this is not the best way to communicate due to the number of notifications received and so will not always be picked up.



- if work has been submitted you will see the status at the top



View upcoming, past and overdue tasks

The screenshot shows a mobile application interface for managing tasks. At the top, there is a navigation bar with a hamburger menu, a profile picture, and the text 'To do'. Below this is a search bar with the placeholder text 'Search task, teacher or subject'. There are three tabs: 'Upcoming', 'Past', and 'Overdue'. A notification banner indicates '20 overdue tasks need to be ticked off. Review'. The tasks are organized into sections for 'Today' and 'Tomorrow'. Each task entry includes a checkbox, the task title, and the subject.

Date	Task Title	Subject	Status
Today	Narration of The Farmer's Bride by Mew	English	Not completed
	The Amazon Rainforest: A Description	Geography	Completed
	Welcome back pt. 2 - KS	Mathematics	Completed
Tomorrow	Food Safety and Hygiene	Food Technology	Not completed
	Othello and the Introduction of Madness	English	Not completed
	The Animal Kingdom		Not completed

- a **ticked task** is one that your child has ticked to say they have completed
- **please check this work** and discuss with them if there are any improvements that could be made





The Central Guarantee:

1. Attendance
2. Homework
3. Excellent behaviour





Success at CFBS: Excellent Behaviour

On Time - 8:40am

Equipped – Timetable, Black pen, green pen, ruler

Respectful - "Sir / Miss / Please / Thank you"
Keep the 'no hands rule'

Kind to each other

Follow instructions first time



Success at CFBS: Excellent Behaviour

Merits

Recognition of positive actions



Politeness

Outstanding Oral Contribution

Kindness

Outstanding Reading Aloud

Community Spirit

Outstanding Sports Performance

Outstanding Listening

Outstanding Written Work



Success at CFBS: Excellent Behaviour

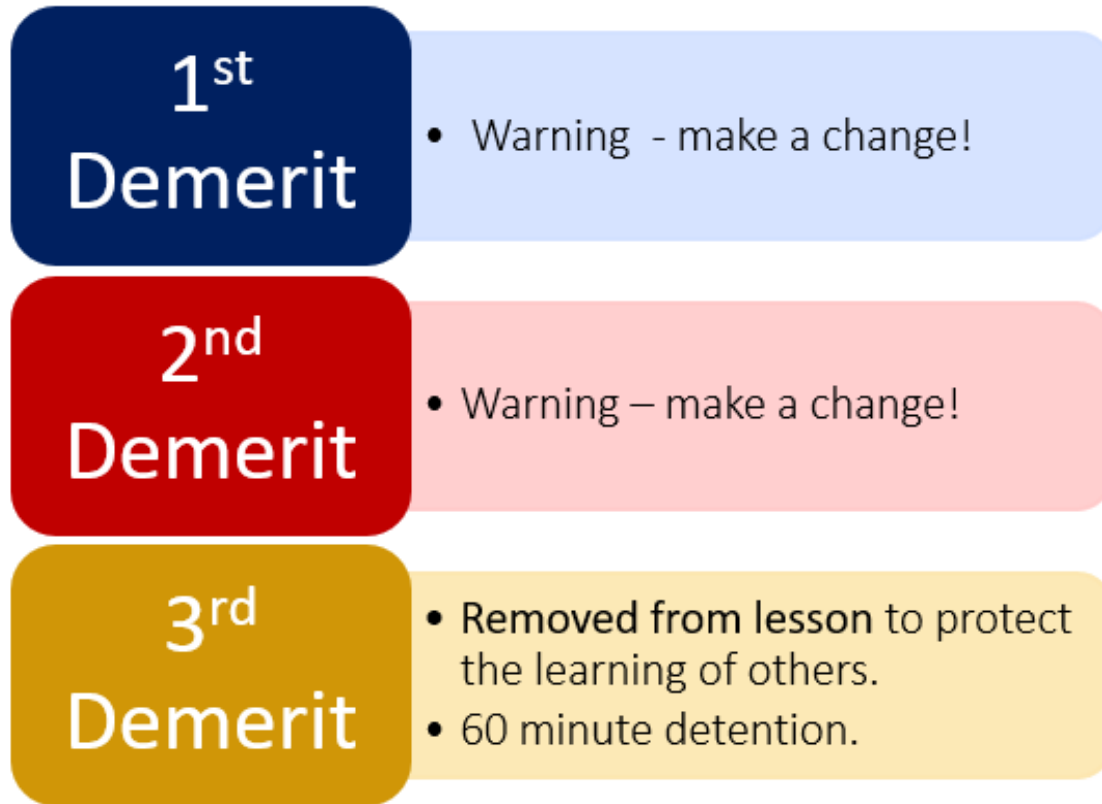
30 Min detention:

- Breaking the no hands rule
- Lateness
- Uniform

60 Min detention:

Protected Learning

Removed from the classroom





Success at CFBS: Excellent Behaviour

5pm detention:

Not attending a 60 minute detention

A very serious incident of rudeness or defiance





The Central Baccalaureate

- Every student in Key Stage 3 will work toward achieving their award.**
- Progress towards achieving their awards will be in annual **Graduation Ceremonies.**
- The **Central Baccalaureate Award** will be presented to students at the end of Year 9.

The Baccalaureate has three strands:

- **1. Core Learning:** this takes place in the classroom
- **2. Personal Project:** completed in Yr 8.
- **3. Personal Development / Co-Curricular:** students must complete **80 hours** of attendance at projects, clubs, performances, fixtures which add greater depth to their educational experience and contribute to the school community.



80hrs from Year 7- Year 9

Measuring Personal Development Engagement.

Activity	Hours (over one academic year)
Regular attendance to one co-curricular club	20
Member of music school	20
Student Council	10
Engagement in Enrichment Week	5
Empathy week pledge	1
A sporting fixture	1
Litter Officer duty for a week	0.5
Trip	1
Workshop	1
Saturday Sport	3



What is the Central Baccalaureate?



We are accredited by the National Baccalaureate trust (NBT). Every young person is encouraged to be:

**Ambitious,
Knowledgeable
learners**

**Enterprising,
creative
contributors**

**Responsible,
principled and
informed
citizens**

**Healthy,
confident
individuals**

Students will complete the Central Baccalaureate by:

**Completing 80 co-
curricular hours.**

**Completing a Personal
Project in Year 8.**



What does success look like?

YEAR 7&8 - Co -Curricular

- To achieve 80 hours, you will need to at least **two clubs every week.**
- Co-curricular clubs are a fantastic way to learn new skills, meet new people and have fun outside the classroom.
- 70 different clubs over the year.

Year 8 Personal Project

In Year 8, pupils are required to:

- Choose an area of interest
- Plan, research and carry out the project
- Deliver a presentation of their project

How can parents help?

- Supporting pupils with development of their project
- (assisting with title, research and setting up presentation)

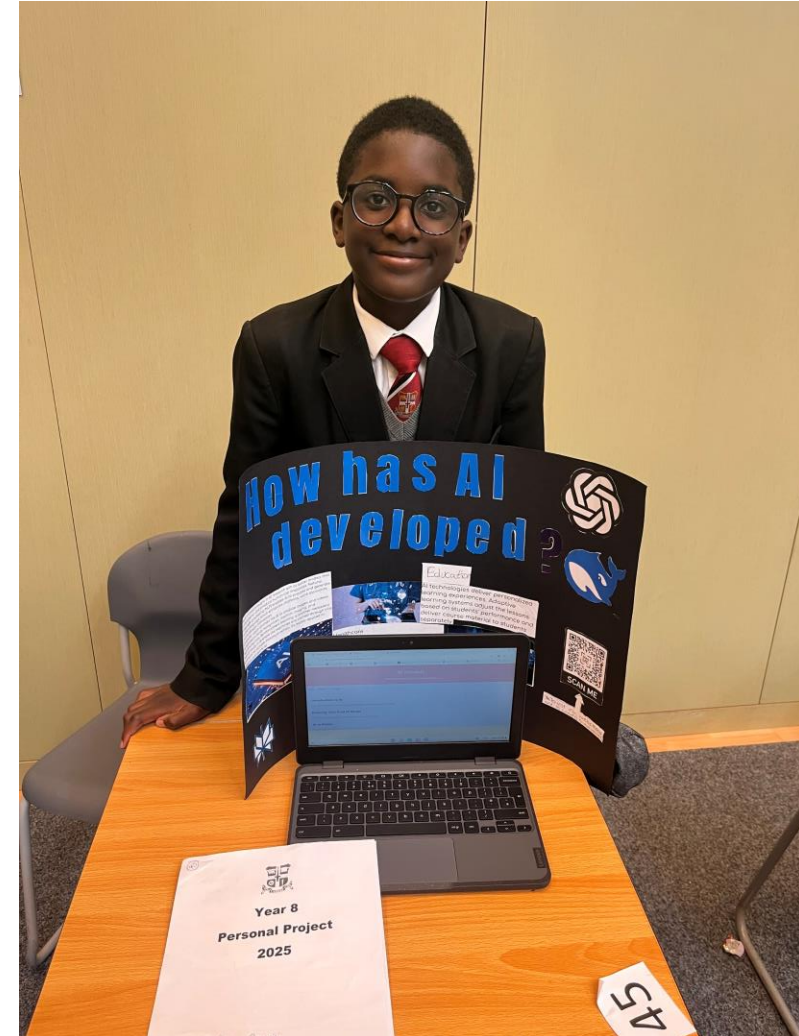
'What did the Ancient Greeks really do in their spare time?'

'How has AI changed our world?'

'How is climate change affecting Londoners?'



Year 8 Personal Project Conference – June 2025






Co-curricular Timetable



As well as on SOCS, the co-curricular timetable can be found on our website. Click '**co-curricular**' and '**co-curricular timetable**.'




CFBS CO-CURRICULAR TIMETABLE: Summer Term 2025

Time	Club	Year Group	Location	Staff
DAILY				
1:00-1:45 (P6a)	KS3 Lunch Club (Daily)	Year 7, 8 and 9	LB07	Ms Pham
After School	School Council	Year 7 - 10	LB01	Ms Okolositse
MONDAY				
7:50-8:45	Badminton	Year 7 - 11	Gym	Mr Spain
8:00-8.45	Studio Club	Grade 3+	Music Dept	Mr Haylor
8:50-9.20 (P1)	Sports Leaders	Year 7, 8 and 9	Astro Turf	Mr Richards
8:50-9.20 (P1)	Mindfulness	Year 7	MH12	Ms Ashby
3.20-4.30	Improvisation Club	Year 7	CA Theatre	Ms Robinson
3.20-4.30	Basketball	Year 8 and 9	Sports Hall	Mr Burnett
3.20-4.30	Football Participation	Year 7	Finsbury Leisure	Mr Wrethman
3.20-4.30	Football Performance	Year 7 (invited)	Astro Turf	Mr Barrell
3.20-4.30	Rowing	Year 7 - 11	Fitness Suite	External Coach
3.30-4.30	Fitness Suite	Year 10 - 13	Fitness Suite	Ms Arpino
3.30-4.30	Squash Club	Year 7-11	Sports Hall	External
3.30-4.30	Athletics - Track Club	Year 7-11	Sports Hall	Mr Allen
3.20-4.30	Table Tennis	Year 7, 8 and 9	Gym	External Coach
TUESDAY				
7:50-8.45	Table Tennis & Rowing	Year 7 - 11	Gym	Mr Barrell
8:00-8.45	Chamber Music	Orchestral Instruments, Grade 6+	Music Dept	Mr Sibley
8:00-8.45	Drumming Group	All	Music Dept	Mr Davies
8:50-9.20 (P1)	Mindfulness	Year 8	MH12	Ms Ashby
3.30-4.40	Chess	All	LB12	Mr McCosh
3.20-4.30	Coding Club	All	FT07	Ms Nazareth
3.20-4.30	Advanced Coding Club	KS4/KS5	FT10	Mr Stevens
3.20-4.30	Debate It (Week 1 only)	Year 7	MH02	Mr Russell
3.30-4.30	MESME Identifying Higher Potential Mathematicians	Year 7	MH07	Ms Tomkins
3.20-4.30	Writing club	Year 7, 8 and 9	English	Ms Okolositse
3.20-4.30	Fitness Suite	Year 10 - 13	Fitness Suite	Mr Allen
3.30-4.30	Football Participation	Year 8	Finsbury Leisure	Mr Carter
3.30-4.30	Football Performance	Year 8 (invited)	Astro Turf	Mr Lloyd
3.30-4.30	Racquet Sports - Badminton & Tennis	All	Sports Hall	Mr Neenan
3.30-4.30	Swimming	Year 7 - 11	Ironmonger Baths	Ms Arpino
WEDNESDAY				
7:50-8:45	Basketball	Year 7 - 9	Sports Hall	Mr Barrell
7:50-8:45	Football: Goal Keeping	Year 7 - 11	Sports Hall	Mr Barrell
7:50-8:45	Athletics - Jumps	Year 7 - 11	Heritage Gym	Mr Allen
8:00-8.45	MISST Orchestra	Orchestral Instruments	Music Dept	Mr Sibley
8:00-8.45	House Band	Band Instruments, Grade 6+	Music Dept	Mr Ellins

Please note that clubs will start on **Monday 8th September** and the timetable is subject to change until then.



Co-Curricular Key Facts

- **Clubs start next Monday 8th of September.**
- **Students should try as many clubs as possible and then stick to 2-3**
- **Clubs take place in the morning from 8am, at lunch time and after school from 3.30-4.30pm.**



Co-Curricular Key Facts

- **Clubs are free but often taught by a specialist coach paid for by the school e.g.: Debating, Table Tennis, Fencing, Boxing etc.**
- **Clubs change – we have an Autumn, Spring and Summer Timetable.**


If a club is changed or cancelled, you will be notified on SOC's. Students will be directed to another club at that time.




Sign up co-curricular = SOCS




SOCS Co-curricular for Parents (3)

 How do I sign my child up to clubs and activities?

Modified on Wed, 14 Aug, 2024 at 9:50 AM

 Viewing my child's co-curricular timetable

Modified on Wed, 14 Aug, 2024 at 9:51 AM

 Syncing your child's calendar

Modified on Wed, 14 Aug, 2024 at 9:52 AM

From SOCS website link to create your password.



Celebrating Co-Curricular

Every half-term we run an assembly celebrating the top number of co-curricular hours achieved by the year group.

HIGHEST CLUB ATTENDANCE

CONGRATULATIONS TO THE FOLLOWING STUDENTS:

- Ben CE - 39
- Cillian M - 32
- Harry P - 31
- Noah D - 30
- Ronnie D - 29
- Thomas H - 29
- Ilyas R - 29
- Emmanuel A - 28
- Maximus L - 28
- Ezra P - 25
- Finn C - 24
- S'Rai N - 24
- Theo C - 23
- Alex L - 22
- Vinicio M - 20
- Hugo H - 19
- William B - 18
- Noah C - 18
- Sion H - 18
- Selahadin S - 18
- Konrad MG - 17
- Gadrie OS - 17
- Asa T - 17
- Ryan Z - 16
- Jeffrey A - 15
- Muhammad Y - 15
- Franklyn P - 14
- Makil R - 14





Celebrating Co-Curricular

We also take part in a range of national competitions through clubs. Here is a small selection of what we have offered in previous years.

